

# Busting through *obstacles*

What are the obstacles you are facing, the ones that currently keep you from your calling to plant seeds of faith in your children?

## **1) PRAY**

Before you start listing them, I invite you pray over this process. Invite God in. Let Him speak to you about your habits, lifestyle, and the state of your own relationship with Him.

## **2) LIST YOUR OBSTACLES**

You may need to think/pray about this for a few days. I will give as many examples as I can on the next page to get you thinking!



# Potential obstacles:

- I don't have enough time in the day
- I'm too busy
- I get distracted each time I try
- I'm overwhelmed by life
- I don't know how to connect with my kids spiritually
- I don't know how to answer their questions
- I don't know enough about the Bible to teach my kids
- I don't feel like my own faith is strong enough
- I feel like a hypocrite
- I feel guilty because I didn't start earlier, so I don't start now
- I never had this way of life modeled to me
- There are so many ideas, I don't know where to start
- I have too many kids for a good conversation
- I have too few kids for a good conversation
- My kids are too squirmy, they won't listen
- My kids are too little; they won't get it
- My kids are too big; it's too late
- My husband doesn't approve
- My husband doesn't help
- My kids are bored and distracted when we do anything God-related
- I feel like I'm lecturing my child when I talk about God
- I feel like I'm forcing my faith on my child instead of letting them develop their own relationship with God.
- My kids tune out when we talk about God



# What does God say?

Ok friend, it's time to bring these obstacles to God. Why? Because we know that nothing is too hard for Him. (Jeremiah 32:27) We also know that He is the one who began this good work in you, and He has promised to see it to completion. (Philippians 1:6) He wants you to succeed!

But we also know a few other things about God. We know that He is a jealous God, who wants us to worship Him above all others. That means our schedules, our priorities, our struggles, and our excuses ALL need to submit to Him.

Now, we're going to directly combat our obstacles with God's truth.

- 1) Write down your obstacle.
- 2) Pray about it, and ask God what He want to show you about this particular obstacle.
- 3) Write down what He brings to mind. If you think it's a Bible verse, use Google to find where it comes from!

My obstacle is:

God's Word says:

My obstacle is:

God's Word says:



# PRAYER OF RELEASE

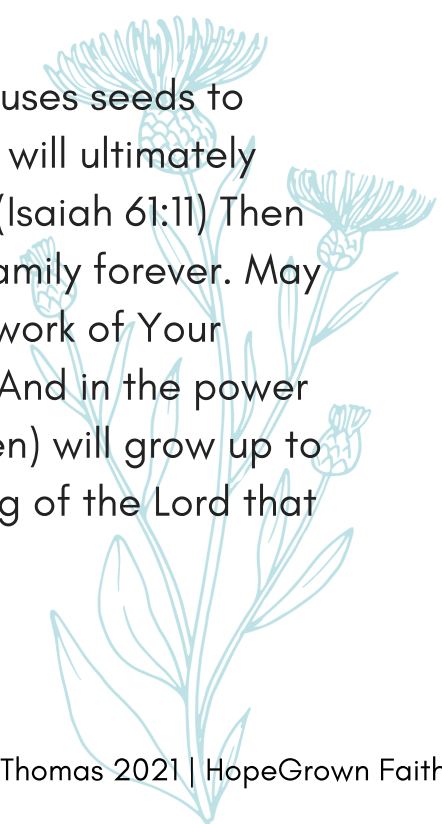
God, You are the maker of all creation, You are the maker of my family, and You are the lover of our souls. You are holy and just, and have called us according to Your purpose. Thank You for inviting us into relationship with You. Give us the desire for more of You each day!

You have promised that I can approach Your throne of grace with confidence, so that I may receive mercy and find grace to help in my time of need. (Hebrews 4:16) My time of need is now, and I desperately need Your help. Help me to trust in You with all my heart, and lean not on my own understanding when it comes to planting seeds of faith in my kids. (Proverbs 3:5-6)

I am confident that You are the one who started this good work in my family, and you are the one who will carry it on to completion until the day of Christ Jesus. (Phil. 1:6) This is all for Your glory, not mine. I am confident that You equip the called, and as I am called to spiritually parent my child(ren), I will be able to do all this through You, who gives me strength. (Phil. 4:13)

As the soil makes the sprout come up and a garden causes seeds to grow, help me to remember that You are the One who will ultimately make righteousness and praise spring up in my family. (Isaiah 61:11) Then our family grow in righteousness and be part of Your family forever. May we be like shoots planted by You, and may we be the work of Your hands, for the display of your splendour. (Isaiah 60:21) And in the power of your holy name, I claim your promise that my child(ren) will grow up to be called oaks of righteousness. May they be a planting of the Lord that brings honor and glory to your name. (Isaiah 61:3)

In Your powerful, perfect, and holy name, amen.



# I AM CALLED

I, \_\_\_\_\_, know that I do not have to be perfect in order to point my children to Christ.  
He is the only Perfect One.

I, \_\_\_\_\_ acknowledge that I don't have "it" all together now, and I never will. But I know the One who does and I trust Him to help me overcome all obstacles.

I, \_\_\_\_\_ am ready to follow God's call on my life, and to obey His call to plant seeds of faith in my kids.

---

*Signature*

---

*Date*

*Helplessness, not holiness, is the first step to accessing the presence of God. ~ Tim Keller*

